

Getting Ready for Preschool

Between or at ages 3 and 4, your child should be able to:

- Say their name and age.
- Answer simple questions.
- Speak in sentences of five to six words, and speak in complete sentences by age 4.
- Tell stories.
- Recognize some shapes and colors.
- Recite the alphabet and recognize some letters in their name.
- Express thoughts and needs verbally.
- Count to five or more.
- Draw or scribble with crayons or pencils.
- Show Problem-solving Skills.
- Demonstrate responsive listening.
- Collaborative social skills.
- Fully potty trained.
- Self help skills including: putting on and taking off clothing and shoes, putting on coat or jacket, personal wiping... etc.

What to practice at home:

- Read read read to your child! The more words they hear the more words they'll use.
- Color, draw, scribble. Give your child writing materials and paper and let them go to town on it!
- Let them hear songs and nursery rhymes during lunch or play time. Videos like this one are great! (<https://www.youtube.com/watch?v=vkRDOcma9Qk&t=1800s>)
- During store visits or driving around, talk to your child about what is around them: labels, signs and people.
- Give them opportunities to make choices for themselves.
- Give them 2 to 3 step directions to do and help them follow through on them.
- Most important... self-help skills! This will ensure your child will be able to get around preschool efficiently and have more opportunities to explore and use their time effectively.